

## Questions To Ask When Picking A Senior Care Community

The search for the right senior care community can be a challenge, so asking questions can help pair you or a loved one with the proper care. Many senior communities provide multiple levels of care that can allow for an independent lifestyle with the knowledge your needs will be met should they change. Learn more about the questions you should ask when picking a senior community:



### **Rehab (Short Term Rehabilitation) – What is short term rehab care?**

Rehabilitation helps an individual regain physical or mental abilities that have been impaired or lost due to illness or injury.

1. How does the facility communicate with families about a resident's well-being?
2. What is the ratio of staff to residents during the day/night?
3. What is the average length of stay?
4. How will progress be recorded and tracked?
5. Is there a continuum of care?
6. How many hours of therapy a day will there be?
7. Is the facility experienced in treating your loved one's condition?
8. What insurances are accepted?

### **Memory Care – What is memory care?**

Memory care offers a specialized staff and environmental design for those diagnosed with Alzheimer's, dementia, or those experiencing other memory issues. Memory enhancing activities promote well-being and a sense of accomplishment.

1. How is memory care integrated with assisted/independent living and skilled nursing services?
2. What will a typical day of care entail?
3. What level of personal assistance can residents expect?
4. What is the ratio of staff to residents during the day/night?
5. How does the facility communicate with families about a resident's well-being?
6. What type of training does the staff have?
7. What types of rooms or apartments are available?
8. Activities and amenities?

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## Skilled Nursing and Long Term Care- What is skilled nursing?

Skilled nursing is when an individual requires 24/7 assistance, including care each day that must be performed by a licensed nurse. A skilled nursing community can offer a range of medical care services.

1. What medical care options do you offer?
  2. How much input does a loved one have on the care being received?
  3. What is the cost of skilled nursing? What insurances are accepted? Are private rooms available?
  4. What will a typical day of care entail?
  5. What is the visitation policy?
  6. What is the ratio of staff to residents during the day/night?
  7. How does the facility communicate with families about a resident's well-being?
  8. What activities and amenities are available?
  9. What is the CMS 5-Star rating?
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### About Ozanam Hall

Ozanam Hall in Bayside, NY is committed to providing holistic care in an atmosphere of Christian understanding and faith. Our services include skilled nursing, short-term rehab, long-term care, dementia care, hospice care, palliative care, and pastoral care, and our community offers food and nutrition services, 24-hour skilled nursing, and creative activities to keep you or a loved one engaged. Ozanam Hall's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.



To learn more or schedule a tour, call (718) 841-0195 or visit: [www.ozanamhall.org](http://www.ozanamhall.org)  
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